



## What is the WatchMinder?

- Invented by a child psychologist, the WatchMinder is a simple wristwatch that can easily be programmed to set up discreet vibrating reminders throughout one's day.
- The WatchMinder is used for AD/HD management, as a medication reminder, for behavior modification and self-monitoring, and for everyday life and wellness.
- Key Features:
  - Perfect for all wrist sizes
  - Optional color Velcro band
  - Rechargeable battery (with charger included)
  - Easy on-screen programming
  - 65 pre-programmed messages to choose from with 30 daily recurring alarms
  - Helpful training and reminder modes
  - Vibrating alert with "snooze repeat" feature
  - Waterproof

## How is the WatchMinder different than other watches or PDA's?

**It Vibrates!** – The WatchMinder was designed with a unique vibration system which allows the watch to discreetly cue the user with a light vibration on the wrist.

**Interval Training Mode!** – In addition to allowing the user to program set reminders throughout one's day, the WatchMinder can be concurrently programmed to discreetly cue the user on set or random time intervals.

**It's Simple and Programmable!** – Unlike many high-tech watches and PDA's which require a computer to program, the WatchMinder features simple on-screen programming.

The WatchMinder is appropriate for smaller children and can be worn discreetly in the classroom.



"The watch has helped my 13 year-old. The sense of control it gives him really helps his attitude and his organizational skills have improved greatly..." - **Parent of AD/HD child**

"My son thinks that it has been very helpful. I also received a note from one of his teachers telling about the change that she has noticed in his behavior. She describes him as more mature." – **Proud Parent**

"This watch has helped my father with Parkinson's. What a great product..." - **Daughter and Caretaker**